



**HOW TO**

# ADD SUNSHINE TO YOUR counter stools

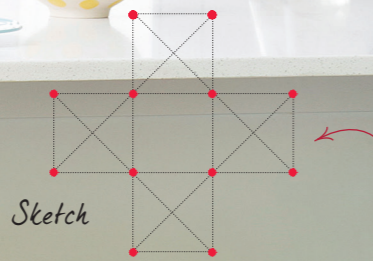
Give ordinary kitchen seats a cheerful facelift with these quick and easy projects.

By Shelly Bergh • Photographs Megan Miller



**QUICK PROJECT GUIDE**

Hard labour 1/10  
Skill level 1/10  
Time needed 2 hours for each project



*Project 1*  
**You will need**

**SHOPPING LIST**

- ± 30m rope cord in two colours (we used yellow and white); we got ours from CD Fox in Cape Town
- Annie Sloan paint in White
- Annie Sloan Clear Wax

**TOOLS**

- paintbrush • hot glue gun
- lighter • cross-stitch pattern (see sketch) • masking tape
- drill with 6mm drill bit
- scissors • cloth

*Project 2*  
**You will need**

**SHOPPING LIST**

- 0.5m fabric in the colour of your choice • cushion stuffing
- 2 measuring tapes (for the belt) • 2 buckles (16 x 22 x 3mm) • tubular rivets (7mm stem, 9mm cap)
- Annie Sloan paint in English Yellow • Annie Sloan Clear Wax

**TOOLS**

- paintbrush • sewing machine
- pins • scissors
- measuring tape
- hole punch • hammer
- hot glue gun

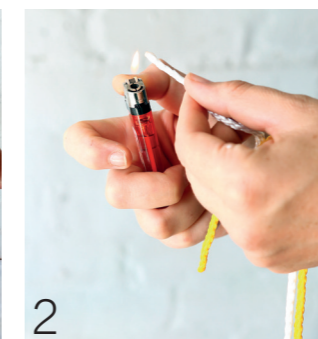


Breakfast stool provided by Milestone Kitchens (082 254 1356, milestonekitchens.co.za)

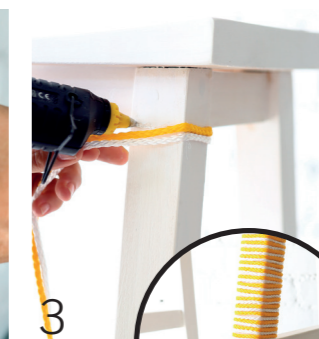
*Project 1*



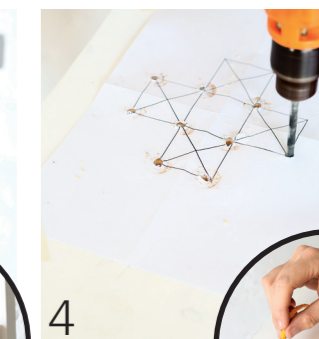
**1** Paint the stool with two coats of Annie Sloan White, allowing it to dry between coats. Once the second layer has dried, seal it with wax.



**2** Cut both cords into four 6m lengths and seal the ends by burning them with the flame of a lighter to prevent them from unravelling.



**3** Wrap the yellow and white cord around the legs of the stool simultaneously, securing it in place at the beginning and end with the hot glue gun.



**4** Draw the cross-stitch pattern on a piece of paper and place it on the seat.



**5** Use the leftover yellow cord to make a cross-stitch pattern on the seat of the stool.

**Tip** We made a decorative cross at the cross bar.

*Project 2*



**1** Paint the stool with two coats of Annie Sloan English Yellow, letting it dry completely between coats. Once the second coat has dried, seal it with wax.



**2** Measure the size of the seat, double it (allowing for seams on three sides), and cut the fabric accordingly.



**3** Fold the fabric double with the right sides facing in and sew two seams – one long and one short.



**4** Turn the fabric so that the right side faces out. Sew a top stitch on the short seam. Fill the pillowcase with stuffing.



**5** Fold 1.5cm of the fabric in on the remaining seam, pin the seam and sew with a top stitch.



**6** Place the cushion on the seat. Wrap one of the measuring tapes around the cushion and under the seat, adding about 12–15cm extra, and cut the measuring tape accordingly. Do the same with the second measuring tape.



**7** Fold the measuring tape around the buckle and punch two holes about 1.5cm apart. Insert two tubular rivets into the holes and secure in place by hammering on the cap.



**8** Wrap the measuring tape around the cushion and chair again and mark where to punch a hole for the belt pin to go through. Use the hole punch to punch a hole. Secure the cushion on the seat of the stool with the measuring tape belts. ⬆